## **PORNOGRAPHY**

Pornography is probably the greatest threat to the cause of Christ in two thousand years of church history, because it so undermines your life, your walk with Christ and your beliefs.

## **PORNOGRAPHY**

It starts to darken the door of the brain to consider truths of the Christian faith. It takes over your thinking, your morals and your life. And as a result, it doesn't leave room for your walk with Christ. - Josh McDowell

## **GOD'S LIGHT**

#### Isaiah 60:2 (NKJV)

For behold, the darkness shall cover the earth and deep darkness the people, **but** the Lord will arise over you and His glory will be seen upon you.

### **PURITY**

#### Matthew 5:8 (AMP)

8 Blessed (happy, enviably fortunate, and spiritually prosperous) are the <u>pure</u> in heart, for they shall <u>see God</u>!

# **FASTING BENEITS**

A lot of health benefits.

It will do for you what no diet can do.

A **diet** will change the way you **look**, but **fasting** changes the way you **see**.

# **FASTING BENEITS**

It works a **dependence** on God.

#### Matthew 4:4 (NKJV)

Man shall not live by bread alone, but by every word that God speaks.

## **FASTING BENEITS**

It increases our faith. Esther 4:16 (NKJV)

Go gather all the Jews who are present in Shushan and fast for me; neither eat nor drink for 3 days, night or day. My maids and I will fast likewise. And so I will go to the king, which is against the law and if I perish, I perish.

## **FASTING BENEITS**

It brings answers and peace.

Isaiah 58:9 (NKJV)

Then you shall call, and the LORD will answer; You shall cry, and He will say, 'Here I am.'

## **FASTING BENEITS**

It chastens and disciplines our souls.

Psalm 69:10 (NKJV)

When I wept and **chastened** my soul with fasting...

Chastened = discipline = train

## **FASTING BENEITS**

1 Corinthians 10:23 AMP
All things are <u>legitimate</u>
[permissible—and we are free to do anything we please], but <u>not all things are helpful</u> (expedient, profitable, and wholesome).

# **FASTING BENEITS**

All things are legitimate, but <u>not</u> <u>all things are constructive</u> [to character] <u>and edifying</u> [to spiritual life].

FASTING BENEITS
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